

# March Trinity Topics, 2025

“Remember that you are dust, and to dust you shall return.”

These are the words that we hear on Ash Wednesday as ashes are smeared on our foreheads. Our Lenten season begins with a chance for us to consider our mortality. And while this can seem dark or difficult, as Christians we can actually find it freeing. We know the story: that death is not the end but is followed by resurrection and new life. And so we are able to hold the heaviness of death on Ash Wednesday and through the season of Lent, and allow it to help mold us and prepare us for resurrection.

Traditionally, the season of Lent was a time of preparation for those who were to be baptized and a time of repentance and penitence for those who had left the church. It was a time to internally prepare for that which was to come. And though the church has changed over the last 2000 years, we still use this as a season of internal preparation. During the Ash Wednesday Service I will say these words:

*I invite you, therefore, in the name of the church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word.*

Please know that this time of Lent is set aside *for you*. There is no obligation in the Episcopal church to do or not do anything during this season. What I do hope is that you will find something that feeds your soul and deepens your relationship with God. This might include fasting or self-denial. But it might also include a daily prayer ritual, or time set aside to read scripture. It might even just be a daily walk to appreciate the world that God has given us. Lent is a time for us to slow down and remember the things that are really important for us.

To help support you, I will be doing a short education series on the Wednesdays in Lent on Tools for Prayer. This will take place at 7pm in the sanctuary beginning March 12, and will be followed by a service of Evening Prayer. It will also be streamed and saved on our YouTube channel so that you can partake at your own leisure. I hope that it helps support your Lenten journey.

Peace and All Good,

Mtr. Alane+



# Warden's World

Spring is my favorite time of the year. Daylight increases, the temperatures moderate, and new life seems to be popping up all over. Lent begins, Easter is around the corner, and the new growth is beginning to appear in the Memorial Garden.

The new growth is very apparent at Trinity this year. Last Sunday the Sanctuary welcomed 56 worshipers. Mother Alane's Children's Sermon included nine sitting around the altar. In March we will have the privilege of having two new acolytes serving in the worship as well as a new organist, Joel Hootman. My unofficial count has five new families that have attended more than one Sunday this year. The number is especially significant in that it includes nine children. Yes, the light is coming!

This next week Lent will begin with an Ash Wednesday Eucharist at 12:00 pm and 7:00 pm in the Sanctuary. The Wednesday Evening Prayer service will continue until Easter. Mother Alane will provide a short prelude to the worship service as to various methods of prayer.

This coming week, on March 6, 2025, Trinity will be the host of the new Diocese Regional Staff Days. These opportunities are intended to bring diocesan staff (a team of people charged with empowering local leaders and building capacity for congregational ministry) physically closer to all corners of our Diocese to reduce barriers and encourage face-to-face conversation.

Each staff day will include an hour of drop-in fellowship and conversation from 10 to 11 am. Following lunch, all traveling staff members are available by appointment for conversation. If you would like to meet our current leadership at the Diocese, please come to visit.

This coming Sunday, March 2, 2025, join us in the Parish Hall for our new annual Shrove Sunday Pancake Brunch.

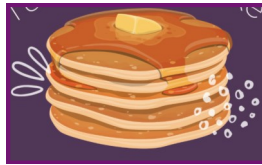
Be Safe, Be Well, We Love You

Jim

# Lent At Trinity

## *Shrove Sunday, March 2*

Shrove Tuesday was historically a time for the church to come together and use up all of the butter and milk that they would not be using during the fast of Lent. Here at Trinity, we will remember this through a pancake meal on Sunday before Ash Wednesday.



Please join us for pancakes, sausage, and treats on Sunday, March 2nd in our usual coffee hour time.

### **Tools for Prayer**

On the Wednesdays in Lent, we will have a short educational series on tools that can be used for prayer. These will take place at 7pm in the sanctuary and will be followed by a service of Evening Prayer. They will all be live-streamed.



March 12:	Tactile prayer tools (Anglican rosary, prayer rope)
March 19:	Lectio Divina
March 26:	The Examen
April 2:	Icons
April 16:	Walking Prayer/Labyrinths
April 23:	Apophatic Prayer/Centering Prayer

## OUTREACH/SOCIAL MINISTRY

The Outreach/Social Ministry Committee is sponsoring a project at Garden Manor Apartments in Troy. In 1978, Garden Manor Apartments were built with the leadership and financial support of 8 churches in Troy. Trinity Episcopal Church was one of the founding churches. The 66 units at Garden Manor provide housing for low-income families. The complex receives HUD funding and is currently managed by Oberer Management, but is also overseen by a Board of Churches, the THOU board, or Troy Housing Opportunities United. Trinity is a member of this board. Our congregation has been linked with Garden Manor since its inception.

A new laundry room was recently opened for the residents of Garden Manor. In honor of our long affiliation with these apartments, **we propose to assemble laundry starter kits for the residents, consisting of a laundry bag, laundry pods, dryer sheets, and scent booster.** We have been approved for a small grant from Thrivent to help purchase the laundry bags. We are asking the congregation to help by donating the laundry items, laundry pods, dryer sheets, and scent booster. A laundry basket to hold these donations will be placed by the side door leading to the Parish Hall beginning March 9<sup>th</sup>.

**We plan to put the kits together after services on March 30<sup>th</sup> in the Parish Hall.**

Thank you for all the support you give to further Christ's Ministry in Troy, Ohio.

### **"Garden Manor offers 1-, 2-, 3- and 4- bedroom garden and townhome apartments in Troy, OH**

The community features on-site laundry, off-street parking, a playground and community room. Apartment amenities include air conditioning, large closets and window coverings. Select units include patios and extra storage. Water, trash and sewer are included. Resident enjoy easy access to 1-75 and being near the Great Miami River. Professionally managed by Wallick Communities."





# March



## Birthdays

Bethany Evans (3/16),  
Oliver Evans (3/16),  
Patrick Jacobs (3/25)

## Anniversaries

Dennis and Carol McCarthy (3/3)  
John Weikle and Kenton Ford (3/24)

## Weekly

<b>Sundays:</b>	<b>10:30 am</b>	<b>Holy Eucharist: Rite II</b>	
<b>Mondays:</b>	<b>9:15 am</b>	<b>Contemplative Prayer</b>	<b>Zoom ID: 386 343 8215</b>
			<b>PW: threeinone</b>
<b>Wednesdays:</b>		<b>Tools for prayer: Evening Prayer</b>	<b>Sanctuary</b>
<i>Beginning March 12</i>	<b>7:00 pm</b>		

**Monday**      **March 3**      **10:30 am**      **Building and Grounds**

**Wednesday**



**March 5**

<b>12:00 pm</b>	}
<b>7:00 pm</b>	

**Ash Wednesday Eucharist**  
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**Thursday**      **March 13**      **1:00 pm**      **Fellowship Meeting**

**Saturday**      **March 22**      **Vestry Retreat**

**Tuesday**      **March 25**      **11:00**      **Social Ministry Meeting**